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Cortisol Case Challenges: Patient Case Review for Effective Identification and Management of Cushing Syndrome

Support for this accredited continuing education activity has been made possible through an educational grant from Corcept Therapeutics

Release date: May 29, 2026

Expiration date: May 29, 2027

Estimated time to complete: 0.50 hours

Activity Description

This case-based educational activity will immerse clinicians in realistic patient scenarios designed to enhance their ability to identify, diagnose, and manage hypercortisolism/Cushing syndrome in clinical practice. Through expert-led case discussions, participants will learn strategies for timely screening and diagnosis, develop individualized and evidence-based treatment plans, and incorporate shared decision-making and multidisciplinary care principles into management selection, long-term monitoring, and follow-up care.

Activity Faculty

Richard J. Auchus, MD, PhD, FACE

The James A. Shayman and Andrea S. Kevrick Professor of Translational Medicine
Division of Metabolism, Endocrinology and Diabetes
Departments of Internal Medicine and Pharmacology
University of Michigan Medical School
Ann Arbor, Michigan

Iacopo Chiodini, MD

Associate Professor of Endocrinology
University of Milan
Director of the Endocrine Unit
Niguarda Hospital
Milan, Italy
Target Audience

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This activity has been designed to meet the educational needs of endocrinologists as well as other members of the Cushing syndrome care team, including internal medicine physicians, family medicine physicians, NPs, PAs, and nurses.

Learning Objectives

Upon completion of the educational activity, participants should be better able to:

- Effectively screen for and diagnose Cushing Syndrome in a timely manner to allow for effective management.
- Develop individualized, evidence-driven medical management plans for patients with Cushing Syndrome.
- Apply the principles of shared decision-making and team-based care to real-world patient cases, focusing on initial treatment and monitoring/follow-up of patients with Cushing Syndrome.

Accreditation and Credit Designation



healthcare team.

In support of improving patient care, this activity has been planned and implemented by American Academy of CME, Inc. and Cornerstone Medical Education. American Academy of CME, Inc. is Jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the

Physicians

American Academy of CME, Inc., designates this enduring material for a maximum of 0.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Practitioners and Nurses

American Academy of CME, Inc., designates this educational activity for 0.50 ANCC contact hours (0.10 pharmacotherapeutic contact hours).

Physician Assistants

American Academy of CME, Inc. has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.50 AAPA Category 1 CME credits. Approval is valid until May 29, 2027. PAs should only claim credit commensurate with the extent of their participation.

Other HCPs:

Other members of the care team will receive a certificate of participation.

Method of Participation

There are no fees to participate in the activity. Participants must review the activity information including the learning objectives and disclosure statements, as well as the content of the activity. To receive CME/CE credit for your participation, please complete the post-test, and program evaluation. Your certificate can be printed immediately.

For any questions, please contact info@cornerstonemeded.com

Disclosures

According to the disclosure policy of the Academy, all faculty, planning committee members, editors, managers and other individuals who are in a position to control content are required to disclose any relationships with any ineligible company(ies). The existence of these relationships is not viewed as implying bias or decreasing the value of the activity. Clinical content has been reviewed for fair balance and scientific objectivity, and all of the relevant financial relationships listed for these individuals have been mitigated.

Disclosure of relevant financial relationships are as follows:

Faculty Educators

Dr. Auchus discloses the following relevant financial information with ineligible companies:

Advisory Board/Consultant: Quest Diagnostics, Corcept Therapeutics, Xeris Pharmaceuticals, Crinetics Pharmaceuticals, Novo Nordisk, Neurocrine Biosciences & Neurocrine UK, LTD, Recordati Rare Diseases, H Lundbeck A/S, Sparrow Pharmaceuticals, Astellas Pharmaceuticals, Acerand Therapeutics, OMass Therapeutics, Blue Earth Diagnostics, LTD, Spruce Biosciences, Aspect Biosystems, Merck Sharp & Dohme, LLC, Vertex Pharmaceuticals

Grant/Research Support: Neurocrine Biosciences, Neurocrine UK, LTD, Spruce Biosciences, Corcept Therapeutics, Crinetics Pharmaceuticals, Recordati Rare Diseases, Adrenas Therapeutics, Mineralys Pharmaceuticals, H Lundbeck A/S

Dr. Chiodini discloses the following relevant financial information with ineligible companies:

Advisory Board/Consultant: Corcept Therapeutics; Esteve-HRA;

Board Member: Scientific Committee of The Italian Society for Osteoporosis and Metabolic Bone Diseases

Independent Clinical Reviewer

Skand Shekhar, MD, MHSc

Reproductive Medicine and Adult Endocrinology

Men's Health, Aging and Metabolism

Division of Endocrinology, Department of Medicine

Brigham and Women's Hospital

Harvard Medical School

Boston, Massachusetts

Dr. Shekhar has no relevant financial relationships with ineligible companies to disclose.

Amy Burmesch, PA

Physician Assistant

Froedtert & The Medical College of Wisconsin

Milwaukee, Wisconsin

Ms. Burmesch discloses the following relevant financial information with ineligible companies:

Speakers Bureau: Corcept Therapeutics

Accredited Provider Disclosures

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This activity will review off-label or investigational information.

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Learners should appraise the information presented critically, and draw conclusions only after careful consideration of all available scientific information.

Hardware/Software Requirements

A computer or electronic device with an internet connection. Internet browser requirements are as follows: Internet Explorer 7 or newer; Firefox 4 or higher; Safari 2 or higher; and/or any other W3C compliant browser platform. Specific software (Adobe Acrobat Reader, Microsoft PowerPoint, Microsoft Word, etc.) could be required to view or access downloaded content.

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